## Save the Date



Mark your calendars for a FREE FAMILY PHELPS LUCK Wellness event.... *FIT2Order's* **FIT Family Night!** 

When: February 9, 2017

Snow Date: February 16, 2017

**Time**: 6 - 8 pm

## **Highlighted Stations To Include:**

- Kid Friendly Boot Camp
- Karate
- Zumba
- Yoga
- Dance Party Finale
- Parent Nutritional Workshop
- Wellness Tables

## A PARENT OR GUARDIAN MUST ACCOMPANY CHILDREN TO THE EVENT.

REGISTRATION is from Jan. 26th-Feb. 8th. To register for the event, go to www.fit2order.com, hover on wellness programs for drop down menu and select registration, click on FIT Family tab at the top and scroll down to Phelps Luck register now. On registration form, please also click on ADD ADDITIONAL REGISTRANT to include all family members attending. For more information , please contact Tim Deppen at Timothy\_Deppen@hcpss.org